

## Provisioning While on Our BYC Maine Cruise

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The overarching thing to remember about provisioning on our BYC Maine cruise is it's not easy! Sorry...not what you want to hear. "Supermarkets" are few and far between. Local stores may be short on fresh produce because their deliveries are irregular. My mantra is buy what I see, when I see it ... and find a way to use it.

### Rockland

Rockland does offer a Hannaford supermarket. Of course, it comes just after the start of the cruise so you probably won't need to do a major shop yet. But, if you do, head to 75 Maverick Street. Ask for directions from whomever you are renting a mooring. It's about a mile or so walk which is okay until you're lugging back sacks of provisions.

Other "opportunities" are the Southend Grocery (67 South Main Street) if you need a quart of milk (you'll also find quarts of something stronger here!), a sandwich or pizza, etc. Before you get that far down Main Street you'll pass Jesse's Fish Market (118 South Main). Interestingly, it is hard to locate a fish market along the Maine coast. We build our supply here annually.

Plenty of fuel up, pump out and water fill up places in Rockland.

### Camden

Ah, a shopper's paradise (at least by Maine standards!).

Downtown Camden has a **wonderful** family-style market – French and Brawn (One Elm Street). Easy walk from the mooring field. Good selection of produce, dairy, groceries, wine, etc. Plus a Boar's Head deli counter, fresh meats, bakery, etc. If the hard liquor cabinet onboard needs refreshing – or you need "personal care items" – walk a block farther up Elm Street to #35. You'll find a large Walgreens.

Tip: If you are on a Lyman Morse mooring, its launch will pick you up on the town side ... makes getting those groceries back on board much easier. Bring your handheld VHF or stop in the Harbormaster's Office to raise the launch.

If you need a larger shop and you're staying on a Lyman Morse mooring, borrow the marina's courtesy car. A Hannaford Market is about 20 minutes away on Route 1. For us, this is the best shopping opportunity while we are cruising in Maine.

Note: Lyman Morse is a very professionally run marina ... great stop for fuel, pump out and water. However, due to a fire last year and current construction, its amenity center (shower, laundry) isn't open this year.

### Castine

Hmm ... slim pickings from the harbor.

You can tie up at the town dock (also can get a pump out at the adjacent dock) and walk "up town." Just a block away is a convenience store (T&C Grocery, 12 Water Street) that is nothing to write home about

but when one needs a quart of milk or bottle of vino... Also, we've lucked into summer salads and bakery items at a small shop two blocks up Main Street on the right ... cannot recall its name.

### **Bucks Harbor/West End of Eggmoggin Reach**

Some cruisers may be spending a night in Bucks Harbor. Pretty spot and hopefully a Maine schooner will be dropping her anchor for your viewing enjoyment, as it's a regular on their itinerary.

Bucks Harbor Marina is family-owned and you can get fuel, pump out and water at this easy to access dock. There is a small shop there but other than gallons of Poland Spring and ice cream treats and candy, you won't find much. There is one washer/drier here and a shower.

Within a short walk you'll reach "downtown" South Brooksville where you'll find Buck's Harbor Market. Maybe our one visit was just an off day but there was nothing there to buy ... literally. If desperate, it's only a short walk to check it out.

### **Eggmoggin Reach**

Nothing ... no shopping opportunities.

### **Southwest Harbor – Mount Desert Island**

Years gone by there was a pretty good family-owned Sawyer's Market but, alas, it bit the dust with COVID. Still in downtown Southwest ... great hardware store, a few restaurants, wine shop and ice cream!

Only opportunity for groceries in Southwest means an Uber or taxi ride. There is an IGA Market a few miles out of town (too far to walk). Pretty well stocked when we shopped there in summer 2020.

Dysert's has fuel, water and pump out. A bit hard to access but... Hinckley advertises the same but every time we've tried going there the pump out has been "broken."

### **Northeast Harbor – Mount Desert Island**

Pine Tree Market (121 Main Street) is an easy walk from the marina. A little bit of everything and I've never been disappointed shopping there. I know I'll stop in when (probably a few times) while in Northeast. (Also a large and fun home goods/gift shop a door or two down from Pine Tree. If you need a shopping fix, this is your place!)

Laundry hint ... two washers/driers in the Marina's Yachtsman's Center and really nice shower facilities. Plus, if lazy, there is a drop it off/pick it up laundry on Main Street.

BTW ... heading in or out of Northeast's mooring field, stop at Clifton's Dock for fuel, water and pump out. You can get the water and pump out part in Northeast's Municipal Marina but Clifton's is much easier to tie up at.

### **Heading Home**

After Northeast Harbor, if you are following the BYC Cruise itinerary, you won't find places to supply for a few days. You can always do a night in Camden or back in Rockland to stock up.