



SAILING INSTRUCTIONS

Bristol Yacht Club 2024-25 Frostbite Series

1.0 RACING RULES

1.1 Races will be governed by “The Racing Rules of Sailing for 2021-2024” (USS Rules), the Appendices, the BYC Frostbite Sailing NOR, and these Sailing Instructions.

1.2 Participating competitors shall conform to Class Rules with respect to ILCA rules for Lasers and RS Aero World Sailing Class Association rules for RS Aero with the following exceptions:

- Non class approved Laser sails (commonly referred to as “practice” sails) of same size and cut may be used as an alternative to the official class sails in this series.
- There will be no scoring adjustment for sail size. Sail selection is at the discretion of the sailor.
- Identical 3rd party non class approved components or parts designed to perform to the same specifications of the Laser class utilizing the same materials in construction, application and hull mounting location shall be accepted.

1.3 Should there be conflicts between these SI’s and the RRS or Notice of Race, these SI’s will govern.

2.0 SPECIAL REQUIREMENTS

2.1 Competitors must wear USCG Type III PFD’s (inflatables not permitted) and appropriate wet or dry suit.

2.2 To be scored, a competitor must have:

- Submitted a completed registration form (on line, via email or paper) and signed Waiver of Liability form (printed, signed and delivered via email or paper) by first race.
- Paid the entry fee.
- Class-conforming or unique sail numbers on their boats. In the case of same or similar numbers amongst boats, numbers that conform to the Hull number designation and Class Rules will be take priority over numbers that do not.

2.3 Per BYC House Rules **ABSOLUTLEY NO WET SAILING GEAR IN THE CLUBHOUSE.** Use one of the four outside changing rooms to change into dry clothes after the race.

3.0 RACE PROCEDURES

3.1 The first warning signal will be at 1:00 pm. It is the responsibility of participants to be in the vicinity of the starting line and **signed in by hail** with the RC and ready to race.

3.2 A class with less than three boats in the starting area may be started with another fleet. Such boats will be scored separately.



3.3 Postponement will be determined by the RC & Fleet Captains. If postponed ashore, no start will occur less than 30 minutes from the physical or verbal removal of the postponement.

3.4 RC may continue to start races until 3:30 pm.

3.5 The time limit for a single race is 30 minutes, or 10 minutes after the first finisher, whichever is later.

3.6 The RC may, at its discretion, award points for “position at the time” for boats not yet finished if it deems continuing such race will prolong the starting sequence for the next race.

3.7 All race signals and communication will be made by hails, which may be accompanied by visual signals, and/or sound signals from an RC boat.

3.8 At the discretion of RC, announced course may be modified by hail as twice around.

3.9 Participants in classes with less than 3 boats registered for the series will be notified prior to the first week of each series and registration fees will be refunded if such class cannot make the required participation number.

4.0 COURSES AND MARKS

4.1 The start/finish line will be marked by an orange mark or Penguin flag and a staff on the RC shack or boat flying an orange flag. **SEE “8. Courses”** for use of separate finish line.

4.2 Marks will be Penguin class mark flags.

4.3 RC may use government marks, mooring balls, or other shapes but must declare and identify such marks prior to any start.

4.4 Courses will be announced by the RC by hail.

4.5 The RC may add a windward off-set mark or a leeward gate to any course.

4.6 Course designs: See 8.0 COURSES.

5.0 STARTING PROCEDURES

5.1 A 3-minute “Audible-Signal Racing System” will be used (Appendix U).

5.2 The RC may, but is not required to, invoke the “I Flag Rule” (rule 30.1, around the ends) by flag or hail.

5.3 No boat may start more than 3 minutes after the start signal.

5.4 All hails will use the last 3 or 4 digits of the sail number.

5.5 If more than one boat class is racing, the start/finish lines are “closed” except when starting, finishing, or rounding (Courses D, F) unless declared open by RC prior to start.

5.6 Laser: Standards, Radials and 4.7 will start together and be scored together.

5.7 RS Aero: 5, 7 & 9 class Aero will start together and be scored together.



6.0 SCORING

6.1 The Low Point System of Appendix A will be used for scoring each daily race series and for the final series standings as modified by these sailing instructions.

6.2 One or more races completed by 3 or more boats will constitute a daily race series and count toward the final series qualification. There are no throw outs for daily race scoring.

6.3 Each boat's final series score will be calculated using a Low Point system with a minimum participation requirement of 65% of the races completed to be considered in final season results. Any races sailed above the number required for qualification may be used as throw-outs.

6.4 Boats not finishing within the time limit will be scored as the lesser of 3 places worse than the last finisher, or one place worse than the number of starters in the race.

6.5 Points shall be awarded as follows:

- DNF (did not finish a race): The number of starters in the race. Any boat not finishing should notify the RC or another boat of her intention to retire before returning to shore.
- DNS (signed in but did not start a race): One more than the number of starters in the race.
- DNC (did not compete, did not sign in): One more than the number of boats registered for the season series. DNC does not count toward final series score.

6.6 Unregistered boats will be scored as DNC for the final series scoring.

6.7 Any sailor who volunteers for RC duty will be awarded, once per series, two first place finishes plus the average of their series scores for the balance of races that day.

7.0 PROTESTS

7.1 Competitors are expected to enforce the RRS themselves, by using hails and (only if self-resolution on the course fails) filing protests.

7.2 Rules 44.1 and 44.2 are modified to require a one-turn penalty including one tack and one gybe.

7.3 Protests must be reported to the RC at the end of the race or, if the competitor is not able to finish the race, within 20 minutes after the RC boat docks.

7.4 The RC can declare penalties and may file protests when it observes rule violations if no boat accepts a penalty or protests.

7.5 Competitors involved in protests must report to the RC within 20 minutes after the RC boat docks.

7.7 A Protest Committee will be appointed by the RC.

7.8 The "Protest Time Limit" for USS Rules 61 and 62 is 30 minutes after the RC docks. If possible, the boat planning to protest or request redress should also notify the RC verbally.



8.0 COURSES:

NOTE: Courses with upwind finishes (A, C, D, E, F) may be modified to use a separate finish line located between the staff on the committee boat and a Penguin flag or colored float to the right of the committee boat. If such upwind finish (not shown on course diagrams below) will be used, competitors will be notified at the time the courses are announced.

If separate start finish lines are used, or if a single line is used and “closed” by the RC, competitors may sail on either side of the restricted line(s) when passing them upwind or downwind.



